43. “You eat and you drink to your heart’s content: for that you worked (Righteousness).
44. Thus do We certainly reward the Doers of Good.
45. Ah woe, that Day, to the Rejecters of Truth!
46. (O you unjust!) You eat and enjoy yourselves (but) a little while, for that you are Sinners.
47. Ah woe, that Day, to the Rejecters of Truth!
48. And when it is said to them: bow down, they bow not down!
49. Ah woe, that Day, to the Rejecters of Truth!
50. Then what Message, after that, will they believe in?

An-Nabaa, or The (Great) News.
In the name of Allah, Most Gracious, Most Merciful.

1. Concerning what are they disputing?
2. Concerning the Great News,
3. About which they cannot agree.
4. Verily, they shall soon (come to) know!
5. Verily, verily they shall soon (come to) know!
6. Have We not made the earth as a wide expanse,
7. And the mountains as pegs?
8. And (have We not) created you in pairs,
9. And made your sleep for rest,
10. And made the night as a covering,
11. And made the day as a means of subsistence?
12. And (have We not) built over you the seven firmaments,
13. And placed (therein) a Light of Splendour?
14. And do We not send down from the clouds water in abundance,
15. That We may produce therewith corn and vegetables,
16. And gardens of luxurious growth,
17. Verily the Day of Sorting out is a thing appointed,
18. The Day that the Trumpet shall be sounded, and you will come forth in crowds;
19. And the heavens shall be opened as if they were doors,
20. And the mountains shall vanish, as if they were a mirage.
21. Truly Hell is as a place of ambush,
22. For the transgressors a place of destination;
23. They will dwell therein for ages.
24. Nothing cool shall they taste therein, nor any drink,
25. Save a boiling fluid and a fluid, dark, murky, intensely cold,—
26. A fitting recompense (for them).
27. For that they used not to fear any account (for their deeds),
28. But they (impuddently) treated Our Signs as false.
29. And all things have We preserved on record.
30. "So you taste (the fruits of your deeds); for no increase shall We grant you, except in Chastisement."
31. Verily for the Righteous there will be an Achievement.
32. Gardens enclosed, and grapevines;
33. Companions of equal age;
34. And a cup full (to the brim).
35. No vanity shall they hear therein, nor Untruth:-
36. Recompense from your Lord, a gift, (amply) sufficient.
37. (From) the Lord of the heavens and the earth, and all between,— the Most Gracious: none shall have power to argue with Him."
38. The Day that the Spirit and the angels will stand forth in ranks,
لا يتكلم أحد من الذين آمنوا إلا من يتصل بهم الله تعالى، سيدنا موسى عليه صلوات الله علية.

39. في يومئذ هذا، لن تضمن الأشياء الا أن الله تعالى هو الذي يقول: إنك لتكون من الذين يأتون يوم القيامة، فما أجمل ذلك في الإسلام.

40. على أن يأتينا يوم القيامة، فما أجمل ذلك في الإسلام.

(An-Nazi’at, or Those Who Tear Out)

In the name of Allah, Most Gracious, Most Merciful.

1. By the (angels) who tear out (the souls of the wicked) with violence;
2. By those who gently draw out (the souls of the blessed);
3. And by those who glide along (on errands of mercy),
4. Then press forward as in a race;
5. Then arrange to do (the Commands of their Lord),
6. The Day everything that can be in commotion, will be in violent commotion,
7. Followed by oft-repeated (commotions):
8. Hearts that Day will be in agitation;
9. Cast down will be (their owners’) eyes.
10. They say (now): “What! shall we indeed be returned to (our) former state?”
11. “What! when we shall have become rotten bones?”
12. They say: “It would, in that case, be a return with loss!”
13. But verily, it will be but a single (compelling) Cry,
14. When, behold, they will be brought out to the open.
15. Has the story of Moses reached you?
16. Behold, your Lord called him in the sacred valley of Tuwa: