(Al-Qiyamat, or the Resurrection)
In the name of Allah, Most Gracious, Most Merciful.

1. I do call to witness the Resurrection Day;
2. And I do call to witness the self-reproaching spirit: (eschew Evil).
3. Does man think that We cannot assemble his bones?
4. Nay, We are able to put together in perfect order the very tips of his fingers.
5. But man wishes to do wrong (even) in the time in front of him.
6. He questions: "When is the Day of Resurrection?"
7. At length, when the sight is dazed,
8. And the moon is buried in darkness.
9. And the sun and moon are joined together,
10. That Day Man will say: "Where is the refuge?"
11. By no means! No place of safety!
12. Before your Lord (alone), that Day will be the place of rest.
13. That Day Man will be told (all) that he put forward, and all that he put back.
14. Nay, man will be evidence against himself,
15. Even though he were to put up his excuses.
16. Do not move your tongue concerning the (Qur'an) to make haste therewith.
17. It is for Us to collect it and to promulgate it:
18. But when We have promulgate it, you follow its recital (as promulgated):
19. Nay more, it is for Us to explain it (and make it clear):
20. Nay, (you men!) but you love the fleeting life,
21. And leave alone the Hereafter.
22. Some faces, that Day, will beam (in brightness and beauty):-
23. Looking towards their Lord.
24. And some faces, that Day, will be sad and dismal.
25. In the thought that some back-breaking calamity was about to be inflicted on them;
26. Yes, when (the soul) reaches to the collar-bone (in its exit).
27. And there will be a cry, "Who is a magician to restore him?"
28. And he will conclude that it was (the Time) of Parting;
29. And one leg will be joined with another:
30. That Day the Drive will be (all) to your Lord!
31. So he gave nothing in charity, nor did he pray!
32. But on the contrary, he rejected Truth and turned away!
33. Then he stalked to his family in full conceit!
34. Woe to you, (O man!), yes, woe!
35. Again, woe to you, (O man!), yes, woe!
36. Does man think that he will be left uncontrolled, (without purpose)?
37. Was he not a drop of sperm emitted (in lowly form)?
38. Then he became a leach-like clot; then (Allah) made and fashioned (him) in due proportion.
39. And of him He made two sexes, male and female.
40. Has He not, (the same), the power to give life to the dead.

(Al-Dahr, or Time; or Insan, or Man)
In the name of Allah, Most Gracious, Most Merciful.

1. Has there not been over Man a long period of Time, when he was nothing - (not even) mentioned?
2. Verily We created Man from a drop of mingled sperm, in order to try him: so We gave him (the gifts), of Hearing and Sight.

AD-DAHR-76
Bismillaahir-Rahmaanir Raheem.

1. Hal ataa 'alal-insani heenum-min-dahri lam yakin shay'am mazkoora.
2. Innaa khalaal-hal-insana min-mu'afat min ashshaal; naalaaleh faja'alaahu samee'um bi-seeraa.